Deborah Hathaway

Case Manager
Independent Occupational Therapist



Profile

Deborah is a very highly skilled and experienced occupational therapist and case manager.

She specialises in hand and upper limb trauma, but also has extensive experience in the rehabilitation of individuals of all ages following complex orthopaedic injuries, including amputations and general medical conditions together with associated psychological effects.

Specialisms

- Hand injuries
- Musculo-skeletal/orthopaedics
- Amputations upper limb and lower limb

Ages covered

- Adolescent
- Adult

Biography

After qualifying in 1994, Deborah had considerable experience of working for the NHS, before changing focus and moving to work within the private insurance and personal injury claims sector in 2012.

She manages a wide-ranging caseload with referrals from a variety of sources including insurance companies, solicitors, employers and medical consultants.

Deborah offers a comprehensive range of individually tailored services including assessment, rehabilitation and case management of clients with major and multiple trauma, fractures, amputations and chronic pain.

She completes detailed home and work place evaluations and provides advice on suitable adaptations and return to work packages.

Deborah's clients range in age from adolescents through to older age adults and she liaises closely with all key stakeholders including medical professionals, insurers, solicitors, employers, disability employment advisors and social workers.

In September 2023, Deborah was a finalist in the prestigious Case Manager Society UK (CMSUK) Awards in the 'Clinical Case Manager' category.



Qualifications

- UK Functional Capacity Evaluation (Obair and Matheson), 2014
- MSc Hand Therapy, Derby University, 2007
- BHSc (Hons) Occupational Therapy, University College of Ripon and York St John, 1994

Memberships

- Health and Care Professions Council (HCPC)
- Case Management Society UK (CMSUK)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section -Independent Practice

Contact details

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Clinical skills and experience

- Extensive hands-on experience within the public and private sector, including assessment and clinical rehabilitation of clients of all ages with a wide range of physical conditions including multiple and complex trauma.
- Specialist in the treatment of hand conditions, holding a Master's degree in hand therapy; extensive experience in thermoplastic static and dynamic splinting, together with grip strengthening, therapeutic exercise and functional rehabilitation.
- Vast experience of vocational rehabilitation, both as an independent practitioner and within health and social care settings, including work site assessments and development and coordination of return to work programmes.
- Interventions include managing physical rehabilitation assessments and devising and implementing individually tailored programmes to promote independence in the home and work environment.
- Experience of treating clients from a variety of diverse cultural and vocational backgrounds, including those with limited English.
- Committed to continuing professional development full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history - private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd

2012 - present

- Completing independent assessments for insurance companies for personal accident and personal injury claims.
- Implementing vocational rehabilitation to facilitate a client's return to their previous employment or to support them to redeploy to suitable employment.
- Liaison with treating professionals, consultants, GPs, physiotherapists and counselling services to coordinate and manage care requirements.
- Liaison with solicitors dealing with personal injury claims.
- Working closely with claims managers to ensure that care management package remains within agreed budgets.
- Skilled at completing accurate, objective case reports within set service level agreements and making recommendations for provision of on-going treatment or equipment.
- Providing regular update reports to inform all parties of case progress.
- Source equipment and professional services based on individual needs.

Independent Occupational Therapist— The OT Practice

2013 - 2016

• Completing hand therapy assessments and devising and implementing bespoke hand therapy rehabilitation programmes for clients post-injury.

Career history - statutory sector

Clinical Specialist Occupational Therapist in Hand and Upper Limb Rehabilitation

2000 - 2013

Queen's Hospital, Burton Hospitals NHS Foundation Trust

- Assessed and devised specialist hand therapy rehabilitation programmes for patients following acute hand injury (including partial hand and digital amputation) and elective hand surgery.
- Treatments including bespoke static and dynamic splinting.

Occupational Therapist Team Leader, Elderly Care, Hemel Hempstead General Hospital,

1999 - 2000

West Hertfordshire Community Health (NHS) Trust

• Assessed and provided treatment for patients within the older adult care across in-patient and community settings.

Occupational Therapist, Queen's Hospital, Burton Hospitals NHS Foundation Trust

1996 - 1999

 Medical and surgical specialities - assessed and provided treatment for patients with a variety of medical diagnoses including cerebrovascular accident / stroke as well as post-surgery including lower limb amputation in an acute hospital setting.

Occupational Therapist, Queen's Hospital, Burton Hospitals NHS Foundation Trust

1994 - 1996

• Rotational post - assessed and provided treatment to patients with a variety of diagnoses as part of a multidisciplinary team approach in an acute hospital setting.