

Catherine Scott

Case Manager

Independent Occupational Therapist

Profile

Catherine is a highly experienced and skilled case manager and occupational therapist based in North East Scotland.

Specialisms

- Musculo-skeletal / orthopaedics
- Long term conditions
- Vascular rehabilitation
- Neurological rehabilitation
- Spinal injury rehabilitation
- Home adaptations and specialist equipment
- Vocational rehabilitation / work site assessments

Ages covered

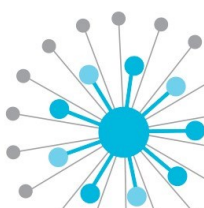
- Adult
- Adolescent

Biography

Since qualifying from Sydney University as an occupational therapist in 1991, Catherine has specialised in rehabilitation. She has extensive experience working with clients following illness or injury such as neurological (e.g., stroke, traumatic brain injury, spinal cord injury, peripheral nerve injury, Parkinson's, multiple sclerosis, motor neurone disease); vascular (e.g., rehabilitation following lower limb amputation); complex orthopaedic injuries, rheumatology, palliative care, persistent pain symptoms and post trauma stress symptoms.

She has initiated an occupational therapy seating service with a rehabilitation engineer, provided training to a variety of health professionals, was involved in the development of an acute stroke unit, and has managerial experience.

Catherine's work is client-centred, goal-orientated rehabilitation; she is passionate about enabling clients to achieve their goals for optimising their functional independence at home, at work and in their leisure activities and to enhance their quality of life.



Qualifications

- Bachelor of Applied Science (Occupational Therapy), University of Sydney, Australia, 1991
- Remedial Massage Diploma, N.S.W. School of Therapeutic Massage, 1991

Memberships

- Health and Care Professions Council (HCPC)
- Case Management Society UK (CMSUK)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Work
- British Association of Brain Injury and Complex Case Management (BABICM)
- Spinal Injuries Association (SIA)

Contact details

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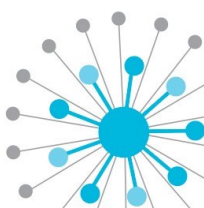
catherine.scott@independenceworks.net

Website:

www.independenceworks.net

Clinical skills and experience

- Highly skilled at developing, implementing, monitoring and progressing client-centred, goal-orientated rehabilitation programmes.
- Extensive occupational therapy experience in functional assessments (physical and psychosocial), home and work environmental assessments.
- Considerable rehabilitation experience in progressing an individual's functional abilities, and /or identifying compensatory strategies or equipment aids to enable function.
- Adept at collaborative working with all stakeholders, client, local services and architects for providing home adaptations.
- Experienced with working with clients experiencing post trauma stress symptoms.
- Experienced with working with clients with persistent pain symptoms.
- Experience of supervising staff.
- Provision of lectures and in-service training.
- Excellent communication with clients and their multidisciplinary team and employer for collaborative working for reasonable work adjustments, solutions for overcoming task difficulties and facilitating a return to work.
- Providing clear and concise report writing to advise on progress and any further rehabilitation recommendations.
- Committed to continuing professional development – full details of recent training are available on request
- Client and solicitor feedback/testimonials are available on request.



Career history – private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2016 - present

- Providing case management and rehabilitation services for injured clients whose ongoing symptoms are affecting their independence at home, work or in their leisure activities.
- Injuries managed include orthopaedic, neurological (nerve injury, head injury), vascular and hand injuries, as well as their impact on clients' health and well-being.
- Functional assessments and treatment recommendations in collaboration with client and their treating team to support optimal recovery.
- Reporting to the client's solicitor and to the claims handler simultaneously on client's rehabilitation progress and about any further treatment recommendations
- Sourcing appropriate equipment and adaptations to enable a client's functional independence
- Vocational rehabilitation - including work site visits and working collaboratively with client and employer to identify the best solutions to any task difficulties and to facilitate a return to work.

Career history – statutory sector

Occupational Therapist, Grampian NHS Trust (Aboyne Hospital and Glen O'Dee Hospital) 2008 – 2018

- Responsible for rehabilitation of inpatients and community patients throughout Deeside.
- Supervision of OT staff, students and support workers, and provision of CPR and moving & handling training.
- Varied caseload, including neurology, orthopaedic, vascular, rheumatology and palliative care.

Head Occupational Therapist, Kingston Primary Care Trust , London 2002 – 2005

- Managing inpatient, outpatient and community occupational therapy services and staffing over 2 hospital sites and community intermediate care team.
- Provision of occupational therapy services on the stroke rehabilitation unit.

Head Occupational Therapist, St Mary Hospital Trust – St Charles Hospital, London 1999 – 2001

- Carrying a caseload and managing neurology and care of the elderly OT rehabilitation services.
- Involved in setting up the acute stroke unit.

Senior Locum OT in Accident and Emergency, St. Mary's Hospital, London 1998 – 1999

- Close working and input with multidisciplinary team with recommendations for clients' rehabilitation and equipment needs for discharge home from A & E or whether further inpatient rehabilitation was required.

Locum OT, Prince Henry Hospital, Sydney 1997 – 1998

- Employed for 6-month locum position in the seating service which she established in 1994.

Various Senior 1 Locum OT Positions, Croydon and London 1995 – 1997

Grade 1 OT, Prince Henry Hospital, Sydney 1992 – 1995

- Employed for 2 years as Grade 1 in spinal injuries unit, promoted in 1994 and worked part-time in Grade 2 position in seating service, a service which she initiated, while still continuing in the spinal unit.

Grade 1 OT, Greenwich Hospital, Sydney 1991 – 1992

- Provided rehabilitation for people following limb amputation, neurological and orthopaedic conditions.

